



(U) = unabridged / (A) = abridged

NEW!! NATURE SOUNDS

Hemi-Medi **Birdsong Concert** (CD) The naturally relaxing sound of birds and a quiet stream of water cascading down a hill brings forth the true harmony of nature. The natural sounds are enriched with “binaural beats” to ease you into a state of meditation or help you get to sleep.

Hemi-Medi **Ocean Concert** (CD) The beautiful continuous melody of the surf guides you into a state of natural quietness. The natural sounds are enriched with “binaural beats” to ease you into a state of meditation or help you get to sleep.

Hemi-Medi **River Concert** (CD) The natural sounds of a river are enriched with “binaural beats” to ease you into a state of meditation or help you get to sleep.

MYSTERY / SUSPENSE

Background to Danger by Eric Ambler (tape – U)

Even Yuppies Die by Marian Babson (tape – U)

Hawke by Ted Bell (tape – A)

Noble Lies by Charles Benoit (CD – U)

Billingsgate Shoal by Rick Boyer (tape – U)

Flashpoint by Suzanne Brockmann (tape – U)

The Tin Man by Dale Brown (tape – A)

Angels & Demons by Dan Brown (tape – A)

The Da Vinci Code by Dan Brown (CD – A)

Fat Tuesday by Sandra Brown (tape – A)

Bitterroot by James Lee Burke (tape – A)

Heaven's Prisoners by James Lee Burke (tape – A)

Sunset Limited by James Lee Burke (tape – A)

The Plan by Stephen J. Cannell (tape – A)

The Italian Secretary by Caleb Carr (tape – U) – British accent

Dirty Laundry by Tori Carrington (CD – U) – female P.I.

Sofie Metropolis by Tori Carrington (CD – U) – female bounty-hunter

Without Remorse by Tom Clancy (tape – A)

Laced by Carol Higgins Clark (CD – U)

All Around the Town by Mary Higgins Clark (tape – A)

All Through the Night by Mary Higgins Clark (tape – A)

The Anastasia Syndrome by Mary Higgins Clark (tape – A)

Body in the Closet by Mary Higgins Clark (tape – A)

Double Vision by Mary Higgins Clark (tape – A)

I Heard That Song Before by Mary Higgins Clark (CD – U) bestseller

I'll Be Seeing You by Mary Higgins Clark (tape – A)

Let Me Call You Sweetheart by Mary Higgins Clark (tape – A)

Lost Angel by Mary Higgins Clark (tape – A)

Loves Music, Loves to Dance by Mary Higgins Clark (tape – A)

Lucky Day by Mary Higgins Clark (tape – A)

Moonlight Becomes You by Mary Higgins Clark (tape – A)

Stowaway; Milk Run by Mary Higgins Clark (tape – A)

A Stranger is Watching by Mary Higgins Clark (tape – A)

Terror Stalks the Class Reunion by Mary Higgins Clark (tape – A)

That's the Ticket by Mary Higgins Clark (tape – A)

Weep No More, My Lady by Mary Higgins Clark (tape – A)

Where are the Children? by Mary Higgins Clark (tape – A)

While My Pretty One Sleeps by Mary Higgins Clark (tape – A)

Classic Detective Stories. Vol. 1 (tape – U)

Classic Detective Stories. Vol. 2 (tape – U)

City of Bones by Michael Connelly (tape – A)

Lost Light by Michael Connelly (tape – U)

Trace by Patricia Cornwell (tape – U)

Blindside by Catherine Coulter (tape – A)

The Forgotten Man by Robert Crais (tape – U)

Airframe by Michael Crichton (tape – A)

Prey by Michael Crichton (tape – A)

Blue Gold by Clive Cussler with Paul Kemprecos (tape – A)

Suture Self by Mary Daheim (CD – U)

Dying for Chocolate by Diane Mott Davidson (CD – U)

Grilling Season by Diane Mott Davidson (tape – A)

Last Suppers by Diane Mott Davidson (CD – U)

Spy Line by Len Deighton (tape – U)

Spy Story by Len Deighton (tape – U)

The Lion's Game by Nelson DeMille (tape – A)

No Immunity by Susan Dunlap (tape – U)

The Bone Vault by Linda Fairstein (tape – A)

Cold Hit by Linda Fairstein (tape – A)

Decider by Dick Francis (tape – A)

Shattered by Dick Francis (tape – A)

The Disappearance by J. F. Freedman (tape – U)

Great Radio Mysteries: 9 most mysterious shows from radio (CD – U)

The First 48 by Tim Green (tape – A)

The Case Has Altered by Martha Grimes (tape – A)

The Brethren by John Grisham (tape – A)

The Broker by John Grisham (CD – A)

Angel of Death by Jack Higgins (tape – U)

Forests of the Night by James W. Hall (tape – U)

The Thanksgiving Day Murder by Lee Harris (tape – U)

Deadfall: an Alaska Mystery by Sue Henry (tape – A)

Miracles in Maggody by Joan Hess (tape – U)

Without Mercy by Jack Higgins (tape – U)

One Dangerous Lady by Jane Stanton Hitchcock (CD – U)

The Contractor by Charles Holdefer (CD – U)

To Die For by Linda Howard (tape – U)

A Cold Heart by Jonathan Kellerman (tape – U)

The Big Picture by Douglas Kennedy (tape – A)

From the Corner of His Eye by Dean Koontz (tape – U)

Midnight by Dean Koontz (tape – U)

Odd Thomas by Dean Koontz (tape – U)

Falling Awake by Jayne Ann Krentz (tape – U)

Truth or Dare by Jayne Ann Krentz (tape – U)

Absolute Friends by John Le Carre (tape – A)

Legends of Radio: Tough Guys 14 episodes (CD – U)

The Sigma Protocol by Robert Ludlum (tape – U)

The Curse of the Spellmans #2 by Lisa Lutz (CD – U) – humor

The Spellman Files by Lisa Lutz #1 (CD – U) – humor

Justice by Dan Mahoney (tape – U)

An American Dream by Norman Mailer (tape – A)

Night of the Vulcan by Ngaio Marsh (tape – U)

Tied Up in Tinsel by Ngaio Marsh (tape – U)

The Arraignment by Steve Martini (tape – A)

Critical Mass by Steve Martini (tape – A)

Havana Twist by Lia Matera (tape – U)

The Big Bad City by Ed McBain (tape – A)

Candyland by Ed McBain and Evan Hunter (tape – A)

The Host by Stephenie Meyer (CD – U)

Lethal Justice by Fern Michaels (CD – U)

Burn Factor by Kyle Mills (tape – A)

Sky Woman Falling by Kirk Mitchell (tape – U)

Black Evening by David Morrell (tape – U *short stories*)

Long Lost by David Morrell (tape – A)

Brotherhood of the Rose by David Morrell (CD – U)

Little Scarlet by Walter Mosley (tape – U)

Saving Cascadia by John J. Nance (tape – U)

Unfit to Practice by Perri O'Shaughnessy (CD – U)

Love is Murder by Linda Palmer (tape – U)

The Big Bad Wolf by James Patterson (tape – U)

The Jester by James Patterson & Andrew Gross (tape – U)

Exile by Richard North Patterson (CD – U)

Traitor by Ralph Peters (CD – U)

The Adventures of Philip Marlowe by Radio Spirits (tape – U)

The Adventures of Sam Spade, Detective by Radio Spirits (CD – U)

Immortal in Death by J.D. Robb (tape – U)

Vengeance in Death by J.D. Robb (CD – U)

Harry Potter and the Deathly Hallows by J. K. Rowling (CD – U) - Fantasy

McNally's Puzzle by Lawrence Sanders (tape – A)

Nightshade by John Saul (tape – U)

Courting Trouble by Lisa Scottoline (tape – A)

Bridge of Sighs by Olen Steinhauer (tape – U) – historical

Cold Truth by Mariah Stewart (CD – U)

Dark Truth by Mariah Stewart (CD – U)

Final Truth by Mariah Stewart (CD – U)

Hard Truth by Mariah Stewart (CD – U)

Mr. X by Peter Straub (tape – U)

Resolved by Robert K. Tanenbaum – (tape A)

Shibumi by Trevanian (tape – U) – suspense

Murder at the Washington Tribune by Margaret Truman (tape – U)

Sherlock Holmes and the Hapsburg Tiara by Alan Vanneman (tape – U)

Money to Burn by Gloria White (CD – U)

Clear and Convincing Proof by Kate Wilhelm (tape – U)

The Deepest Water by Kate Wilhelm (tape – U)

The Price of Silence by Kate Wilhelm (tape – U)

Skeletons by Kate Wilhelm (tape – U)

Cold Paradise by Stuart Woods (tape – A)

ROMANCE (U) = unabridged / (A) = abridged

Sudden Change of Heart by Barbara Taylor Bradford (tape – A)

Into the Fire by Suzanna Brockmann (CD – U)

Eloquent Silence by Sandra Brown (tape – U) – suspense

Sweet Anger by Sandra Brown (tape – U) – suspense

Mount Vernon Love Story by Mary Higgins Clark (tape – U) historical fiction

Must Love Dogs by Claire Cook (CD – U) – humor

Lyon's Gate by Catherine Coulter (tape – U)

The Penwyth Curse by Catherine Coulter (CD – U) – suspense

Manhunting by Jennifer Crusie (CD – U) – humor

Commitments by Barbara Delinsky (tape – U) – suspense

Twilight Whispers by Barbara Delinsky (tape – U) – suspense

The Law of Love by Laura Esquivel (tape – A) – accent & music

To the Nines by Janet Evanovich (tape – A) – suspense

Wife for Hire by Janet Evanovich (CD – U) – suspense

Outlander by Diana Gabaldon (CD – U) – time-travel, wild romance

Bet Your Bottom Dollar by Karen Gillespie (CD – U)

Dollar Daze: the Bottom Dollar Girls in Love by Karen Gillespie (CD – U)

A Dollar Short: the Bottom Dollar Girls Go Hollywood by Karen Gillespie (CD – U)

The Starter Wife by Gigi Levangie Grazer (CD – U)

Taken by Storm by Tami Hoag (CD – U)

C. J.'s Fate by Kay Hooper (CD – U)

Long Time No See by Susan Isaacs (tape – U) – suspense

Falling Awake by Jayne Ann Krentz (tape – U) – suspense

What Price Love? By Stephanie Laurens (CD – A) – Regency

Where the Heart Leads by Stephanie Laurens (CD – A) - Regency

The Heir by Johanna Lindsey (tape – U) – set in Scotland

Eden Burning by Elizabeth Lowell (tape – U) – set in Hawaii

16 Lighthouse Road by Debbie Macomber (CD – U)

The Thorn Birds by Colleen McCullough (tape – U) – historical

The Marriage Game by Fern Michaels (CD – U)

The Bartered Bride by Mary Jo Putney (tape – U) – historical

Obsession by Karen Robards (CD – U) – suspense

Superstition by Karen Robards (CD – U) – suspense

Immortal in Death by J. D. Robb (tape – U) – suspense

Survivor in Death by J. D. Robb (tape – U) – suspense

Blue Smoke by Nora Roberts (tape – U) – suspense

Carolina Moon by Nora Roberts (tape – U)

Heaven and Earth: Three Sisters Island Trilogy BK2 by Nora Roberts (tape – U)

Face the Fire: Three Sisters Island Trilogy BK3 by Nora Roberts (tape – U)

Inner Harbor: Chesapeake Bay BK3 by Nora Roberts (CD – A)

Key of Knowledge: Key Trilogy BK2 by Nora Roberts (tape – U)

Sea Swept by Nora Roberts (CD – U)

The Lucky One by Nicholas Sparks (CD –U) – suspense

Dark Truth by Mariah Stewart (CD – U) – suspense

Island of Dreams by Katherine Stone (tape – U) – suspense

Home Before Dark by Susan Wiggs (tape – U) – suspense

The Elusive Flame by Kathleen Woodiwiss (tape – U)

Forever in Your Embrace by Kathleen Woodiwiss (tape – U)

The Wedding Date by Elizabeth Young (CD – U) – comedy

WESTERN (U) = unabridged / (A) = abridged

Wyatt Earp by Matt Braun (tape – A)

The Patrol Of The Sundance Trail by Ralph Connor (tape – U)

The Pioneers by James Fenimore Cooper (tape – U)

The Prairie by James Fenimore Cooper (tape – U)

Death Marks Time in Trampas by T. T. Flynn (tape – U)

The Vanishing American by Zane Grey (tape – U)

The Legend of Ben Tree by Paul A. Hawkins (tape – A)

Power of the Mountain Man by William W. Johnstone (tape – A)

A Name of Her Own by Jane Kirkpatrick (tape – A)

Hondo by Louis L'Amour (tape – U)

Lonely Men by Louis L'Amour (tape – A)

Sackett's Land by Louis L'Amour (tape – U)

Folly and Glory by Larry McMurtry (tape – U)

Open Range by Lauran Paine (tape – U)

Phantoms in the Night by Les Savage, Jr. (tape – U)

Demon's Pass: a Ralph Compton novel by R. Vaughan (tape – A)

The Ralph Compton's the Dakota Train by R. Vaughan (tape – A)

GENERAL FICTION (U) = unabridged / (A) = abridged

Fairy Tales by Hans Christian Andersen (CD – U) 30 classic tales

The Basket of Flowers: a tale for the young (CD – U)

Uncle Tom's Cabin by Harriet Beecher Stowe (tape – U) classic

Short & Tall Tales by Lilian Jackson Braun (tape – U)

Pilgrim's Progress by John Bunyan (CD – U)

Chloe by Lyn Cote (CD – U) – historical

House of the Dead by Fyodor Dostoyevsky (tape – U) – classic

Fried Green Tomatoes at the Whistle Stop Café by Fannie Flagg (tape – A)

Closing Time by Joseph Heller (tape – A)

Stubborn Twig by Lauren Kessler (tape & CD – U) – “Oregon Reads” Program 2009 choice

The Secret Life of Bees by Sue Monk Kidd (CD – U) – bestseller

The Photograph by Penelope Lively (CD – U) – British

Raintree County by Ross Lockridge (CD **MP3** – U)

Pure Drivel by Steve Martin (tape – A) – humor

The Bride of the Wilderness by Charles McCarry (CD **MP3** – U)

The Thorn Birds by Colleen McCullough (tape – U) – historical

Alaska, Chesapeake, Texas [collection] by James Michener (tape – A)

Creatures of the Kingdom by James Michener (tape – A) – time travel

Legacy by James Michener (tape – A)

Still Summer by Jacquelyn Mitchard (CD – A)

Anne of Green Gables #1 by L. M. Montgomery (CD **MP3** – U)

Anne of Avonlea #2 by L. M. Montgomery (CD **MP3** – U)

Anne of the Island #3 by L. M. Montgomery (CD **MP3** – U)

Rainbow Valley by L. M. Montgomery (CD **MP3** – U)

Truth & Beauty by Ann Patchett (tape – U)

Looking Back by Belva Plain (tape – A)

Harry Potter and the Order of the Phoenix by J.K. Rowling (tape-U)

Snow Flower and the Secret Fan by Lisa See (CD – A) – set in China

Amazing Grace by Danielle Steel (tape – U) – San Francisco earthquake

Empire by Gore Vidal (tape – A)

The Smithsonian Institution by Gore Vidal (tape – A)

Candide and Zadig by Voltaire (tape – U) – classic

Summer by Edith Wharton (tape – U) – classic

Happiness Sold Separately by Lolly Winston (CD – A)

Lottery by Patricia Wood (CD – U) – humorous

Humor (U) = unabridged / (A) = abridged

Stick to Drawing Comics, Monkey Brain! by Scott Adams (CD – U)

Dave Barry's History of the Millennium (so far) by Dave Barry (CD – U)

When You Need a Lift: But Don't Want to Eat Chocolate, Pay a Shrink, or Drink a Bottle of Gin by Joy Behar & Friends (CD – U)

The Best of Old Time Radio Starring Jack Benny (tape – U)

Jack Benny Spoofs by Radio Spirits (CD – U)

Marriage Made in Heaven or Too Tired for an Affair by Erma Bombeck (tape – U)

When You Look Like Your Passport Photo, It's Time to Go Home by Erma Bombeck (tape – U)

Plato and a Platypus Walk Into a Bar... Understanding Philosophy Through Jokes by Thomas Cathcart and Daniel Klein (CD – U)

If I Only Knew Then... Learning From Our Mistakes by Charles Grodin (CD – U)

The Adventures of Guy Noir : Radio Private Eye by Garrison Keillor (CD – U)

A Few More Pretty Good Jokes by Garrison Keillor (tape – U)

Pontoon by Garrison Keillor (CD – U)

NPR Driveway Moments All About Animals: stories that won't let you go (CD – U)

NPR Funniest Driveway Moments: radio stories that won't let you go (CD – U)

Gettin' Old Ain't for Wimps by Karen O'Connor (CD – U)

Old Time Radio Favorites (CD)

On the Road Again: Bob Hope and Bing Crosby: 10 classic radio shows (tape)

David Sedaris Live at Carnegie Hall (CD – U) – Humor

Happy For No Reason: 7 Steps to Being Happy From the Inside Out by Marci Shimoff (CD – U)

Red Skelton by Radio Spirits (tape)

A Christmas Carol by Charles Dickens & Jonathan Winters (CD – A)

Crank(y) Calls by Jonathan Winters (CD – U)

Christian FICTION (U) = unabridged / (A) = abridged

Last Light : a Restoration Novel by Terri Blackstock (CD – U) – suspense

Winner Take All by T. Davis Bunn (tape – U) – suspense

Beloved Leah by Cynthia Davis (tape – U) – historical

Zipporah, Wife of Moses by Marek Halter (CD – U) – historical

Danger in the Shadows by Dee Henderson (tape – A)

The Guardian by Dee Henderson (tape – A) – suspense

The Nativity Story by Angela Hunt [based on film by Mike Rich] (CD – U)

Divine by Karen Kingsbury (tape – A)

Even Now by Karen Kingsbury (CD – U)

Ever After by Karen Kingsbury (CD – U)

Fame by Karen Kingsbury (tape – A)

Forgiven by Karen Kingsbury (CD – A)

Found by Karen Kingsbury (CD – A)

Remember by Karen Kingsbury (tape – A)

Redemption by Karen Kingsbury with Gary Smalley (CD – A)

Return by Karen Kingsbury with Gary Smalley (tape – A)

Sunrise by Karen Kingsbury (CD – A)

A Clearing in the Wild by Jane Kirkpatrick (CD – U) – historical

Hold Tight the Thread by Jane Kirkpatrick (tape – U) – historical

A Name of Her Own by Jane Kirkpatrick (tape – A) – historical

The Confession by Beverly Lewis (tape – U)

The Parting by Beverly Lewis (CD – A)

The Tender Years: a *Prairie Legacy* #1 by Janette Oke (CD – U)

A Searching Heart: a *Prairie Legacy #2* by Janette Oke (CD – U)

A Quiet Strength: a *Prairie Legacy #3* by Janette Oke (CD – U)

Like Gold Refined: a *Prairie Legacy #4* by Janette Oke (CD – U)

Once Upon a Summer: a *Seasons of the Heart #1* by Janette Oke (CD – U)

The Winds of Autumn: a *Seasons of the Heart #2* by Janette Oke (CD – U)

Winter is Not Forever: a *Seasons of the Heart #3* by Janette Oke (CD – U)

Spring's Gentle Promise: a *Seasons of the Heart #4* by Janette Oke (CD – U)

The Distant Beacon by Janette Oke and T. Davis Bunn (tape – U)

Bachelor's Puzzle by Judith Pella (CD – A)

Gates of Zion by Bodie Thoene (tape – U) – historical

Jerusalem Interlude by Bodie Thoene (tape – U) – historical

Key to Zion by Bodie Thoene (tape – U) – historical

Vienna Prelude by Bodie Thoene (tape – U) – historical

Warsaw Requiem by Bodie Thoene (tape – U) – historical

Ben-Hur by Lew Wallace (tape – U) – historical

The Song of Bernadette by Franz Werfel (tape – U) – historical

The Shack by William P. Young (CD – U) – bestseller

Christian Non-Fiction (U) = unabridged / (A) = abridged

The Bible. New Testament (CD – U on 16 discs)

Saint Francis of Assisi by G. K. Chesterton (tape – U)

Young Joan by Barbara Dana (tape – U)

Easter Story presented in dramatic audio theater (CD)

A Portrait of Jesus by Joseph Girzone (tape – U)

Living in God's Love by Billy Graham (CD – U) – 3 full sermons

Jesus: a Meditation on his Stories and his Relationships with Women by Andrew Greeley (CD – U)

Dietrich Bonhoeffer: the Life and Martyrdom of a Great Man Who Counted the Cost of Discipleship by Susan Martins Miller (CD – U)

Firstlight by Sue Monk Kidd (CD – U) – Inspirational

Knowing God by J. I. Packer (tape – U)

Heaven Is Real: Lessons on earthly joy from the man who spent 90 minutes in heaven by Don Piper (CD – U)

The Purpose Driven Life : What On Earth Am I Here For? by Rick Warren (tape – U)

The Word of Promise: New Testament presented in dramatic audio theater with many famous actors (20 CDs)

HEALTH (U) = unabridged / (A) = abridged

Intentional Healing: consciousness and connection for health and well-being by Jeanne Achterberg (CD – U)

Magnificent Mind at Any Age: Treat Anxiety, Depression, Memory Problems, ADD, and Insomnia by Daniel Amen (CD – U)

From Panic to Power! Proven techniques to calm your anxieties, conquer your fears, and put you in control of your life by Lucinda Bassett (CD – A)

The First Year: Type 2 Diabetes: an essential guide for the newly diagnosed by Gretchen Becker (CD – A)

Emotional Intelligence Quick Book: Everything you need to know to put your EQ to work by Travis Bradberry and Jean Greaves (CD – U)

When Panic Attacks: the New, Drug-free Anxiety Therapy That Can Change Your Life by David Burns (CD – A) – Self-Help

The Secret by Rhonda Byrne (CD – U) – Self-help, bestseller, Oprah feature

Anger: handling a powerful emotion in a healthy way by Gary Chapman (CD – U)

How To Meditate with Pema Chodron by Pema Chodron (CD – U)

Whispers: The Spirit of Now by Deepak Chopra and Eckhart Tolle (CD – U)

Deadly Emotions by Don Colbert (CD – U)

My Stroke of Luck by Kirk Douglas (tape – U)

Secrets of Your Own Healing Power by Wayne W. Dyer (CD – U)

Saving Graces: Finding Solace and Strength From Friends and Strangers by Elizabeth Edwards (CD – A)

The Secret of the Shadow by Debbie Ford (tape – U) – Self-Help

The Memory Cure: How to Protect Your Brain Against Memory Loss and Alzheimer's Disease by Majid Fotuhi (CD – A)

Positivity: groundbreaking research reveals how to embrace the hidden strength of positive emotions, overcome negativity, and thrive by Barbara Fredrickson (CD – U)

Phobias and How to Overcome Them: understanding and beating your fears by James Gardner, M.D. and Arthur H. Bell, Ph.D. (CD – A)

Relax RX: a self hypnosis program for health and well being by Steven Gurgevich (CD – U)

Deep Sleep Every Night by Harrold Glenn (CD – U) – Self-Help

How Doctors Think by Jerome Groopman (CD – U)

Guided Relaxation by Kelly Howell (CD – U)

Healing Sleep by Kelly Howell, *delta waves* (CD – U)

Mind Body Healing: Meditations to focus the mind and heal the body by Kelly Howell (CD – U) Self-Help

Positive Thinking by Kelly Howell (CD – U)

The Secret: Universal Mind Meditation by Kelly Howell - Self-Help (CD – U)

UltraMind Solution: Fix Your Broken Brain by Healing Your Body First by Mark Hyman (CD – U)

Ultraprevention: the 6-week plan that will make you healthy for life by Mark Hyman (CD – U)

The Five Secrets You Must Discover Before You Die by John Izzo (CD – U)

Feel the Fear and Do It Anyway: Dynamic Techniques for Turning Fear, Indecision, and Anger into Power, Action, and Love by Susan Jeffers (CD – U)

Full Catastrophe Living: using the wisdom of your body and mind to face stress, pain, and illness by Jon Kabat-Zinn (CD – A)

Healing Within Hypnosis by Nick Kemp (CD – U) – Self-Help

Alzheimer's Early Stages: first steps for family, friends and caregivers by Daniel Kuhn (CD – U)

Stress Answer: train your brain to conquer depression and anxiety in 45 days by G. Frank Lawlis (CD – U)

Ultra-longevity: the seven-step program for a younger, healthier you by Mark Liponis, MD (CD – A)

Digestive Wellness: how to strengthen the immune system and prevent disease through healthy digestion by Elizabeth Lipski (CD – A)

Ageless Memory: Simple Secrets for Keeping Your Brain Young by Harry Lorayne (CD – A)

Sage-ing while Age-ing by Shirley MacLaine (CD – A) – memoir

A Woman's Guide to Menopause & Perimenopause by Mary Jane Minkin and Carol Wright (CD – A)

A Great Memory: remember everything you hear, read, study by Robert Montgomery (CD – A)

Mood Management from IDEAS Mood Hygiene (CD)

Advanced Energy Anatomy: the science of co-creation and your power of choice by Caroline Myss (CD – U)

Caroline Myss' Essential Guide for Healers by Caroline Myss (CD – U)

Channeling Grace by Caroline Myss (CD – U)

Invisible Acts of Power: Personal Choices That Create Miracles by Caroline Myss (CD – U)

Personal Healing by Caroline Myss (CD – U)

Self-Esteem: your fundamental power by Caroline Myss (CD – U)

Pain by Belleruth Naparstek (tape – U)

Total Wellness by Belleruth Naparstek (CD – U)

Relaxation Techniques: reduce stress and anxiety and enhance well-being by Lillian Nejad and Katerina Volny (CD – U)

The Power of Joy: how the deliberate pursuit of pleasure can heal your life by Christiane Northrup (CD – U)

Thank You Power: Making the Science of Gratitude Work for You by Deborah Norville (CD – U)

Happy At Last: the Thinking Person's Guide to Finding Joy by Richard O'Connor (CD – A)

Tapping In: a Step-by-Step Guide to Activating Your Healing Resources Through Bilateral Stimulation by Laurel Parnell (CD – U)

Psychosomatic Wellness: Guided Meditations, Affirmations & Music to Heal Your Bodymind by Candace Pert (CD – U)

In Defense of Food: an Eater's Manifesto by Michael Pollan (CD – U)

Superfoods Audio Collection: HealthStyle, Proven Strategies for Lifelong Health by Steven Pratt and Kathy Matthews (CD – U)

You: Breathing Easy by Michael Roizen and Mehmet Oz (CD – A)

You on a Diet: the Owner's Manual for Waist Management by Michael Roizen and Mehmet Oz (CD – A)

Doctor Yourself: natural healing that works by Andrew Saul (CD – U)

Relaxation Basics: a doctor's prescription for stress relief by Mary Pullig Schatz (CD – U)

Living with Chronic Pain: the complete health guide to the causes and treatment of chronic pain by Jennifer Schneider (CD – A)

Anticancer: a New Way of Life by David Servan-Schreiber (CD – U)

The Love Response by Eva Selhub (CD – U) Neutralize the physical effects of stress.

The Survivors Club: the secrets and science that could save your life by Ben Sherwood (CD – U)

Meditations For Morning and Evening by Bernie Siegel (CD – U) – Self-Help

The Mindful Brain: the neurobiology of well-being by Daniel J. Siegel (CD – U)

Overcoming Dyslexia: a new and complete Scienc-Based Program for Reading Problems at Any Level by Sally Shaywitz (CD – U)

Reiki Meditations for Self-Healing by Bronwen Stiene (CD – U)

Stress Free Surgery: a self relaxation program to help you prepare for and recover from surgery by Linda Thomson (CD)

Tell Me Where It Hurts: a Day of humor, healing, and hope in my life as a animal surgeon by Nick Trout (CD – U)

Positive Words, Powerful Results: Simple Ways to Honor, Affirm, and Celebrate Life by Hal Urban (CD – U) – Self-Help

Angel Therapy Meditations by Doreen Virture (CD – U)

Enough Already! Clearing mental clutter to become the best you by Peter Walsh (CD – A)

Mindless Eating: Why We Eat More Than We Think by Brian Wansink, Ph.D. (CD – A)

The Andrew Weil Audio Collection: Breathing and Meditation for Optimum Health by Andrew Weil and Jon Kabat-Zinn (CD – U)

Healthy Sleep: fall asleep easily, sleep more deeply, sleep through the night, wake up refreshed by Andrew Weil and Rubin Naiman (CD – U)

Heal Yourself With Medical Hypnosis by Andrew Weil (CD – U)

I Will Not Be Broken: 5 Steps to Overcoming a Life Crisis by Jerry White (CD – U)

The Mindful Way Through Depression: freeing yourself from chronic unhappiness by Mark Williams, Joh Teasdale, Zindel Segal & Jon Kabat-Zinn (CD – U)

Age of Miracles: embracing the new midlife by Marianne Williamson (CD – U)

Authentic Power: aligning personality with soul by Gary Zukav (CD – U)

Soul to Soul: communications from the heart by Gary Zukav (CD – U)

BIOGRAPHIES (U) = unabridged / (A) = abridged

Inside the Kingdom : My Life in Saudi Arabia by Carmen Bin Ladin (CD – U) – Autobiography

Man's Search for Ultimate Meaning by Viktor E. Frankl (CD – U)

Eat, Pray, Love: One Woman's Search for Everything Across Italy, India and Indonesia by Elizabeth Gilbert (CD – U)

All Creatures Great and Small by James Herriot (CD – U) – Autobiography Part 1

All Things Bright and Beautiful by James Herriot (CD – U) – Autobiography Part 2

All Things Wise and Wonderful by James Herriot (CD – U) – Autobiography Part 3

James Herriot's Treasury for Children by James Herriot (CD – A)

The Beggar King and the Secret of Happiness by Joel ben Izzy (CD – U)

Charlie Chaplin and His Times by Kenneth Lynn (tape – U) – Biography

Angela's Ashes by Frank McCourt (tape – A) - Autobiography

'Tis by Frank McCourt (tape – A) – Autobiography

King of Hearts by Wayne Miller (tape – U) – man who pioneered open heart surgery – Biography

Black Elk Speaks as told to John G. Neihardt (CD – A) – Native American History

Auschwitz: a doctor's eyewitness account by Miklos Nyiszli (tape – U) – Autobiography

I'm Only One Man! by Regis Philbin (tape – U) – Biography

Tweak: growing up on methamphetamines by Nic Sheff (CD – U)

Born on a Blue Day: A Memoir: Inside the Extraordinary Mind of an Autistic Savant by Daniel Tammet (CD – U) – Biography

Living Biographies of Great Painters by Henry Thomas and Dana Lee Thomas (tape – U) – Biography

Living Biographies of Great Philosophers by Henry Thomas and Dana Lee Thomas (tape – U) – Biography

The Autobiography of Mark Twain by Mark Twain (tape – U) – Biography

The Glass Castle: a memoir by Jeannette Walls (CD – U) – bestseller, Biography

NON-FICTION (U) = unabridged / (A) = abridged

Stealing Your Life: the Ultimate Identity Theft Prevention Plan by Frank W. Abagnale (CD – U)

The Wild Blue: the Men and Boys Who Flew the B-24s Over Germany by Stephen Ambrose (tape – U) – History

Animal-Speak: understanding animal messengers, totems, and signs by Ted Andrews (CD – U)

Dave Barry's History of the Millennium (so far) by Dave Barry (CD – U) – Humor

Digging For the Truth: One Man's Epic Adventure Exploring the World's Greatest Archaeological Mysteries by Josh Bernstein (CD – U) – History

Class Action: the True Story That Inspired the Major Motion Picture *North Country* by Clara Bingham and Laura Leedy Gansler (CD – U)

The Greatest Generation by Tom Brokaw (tape – A) – American History

Angels & Guides Healing Meditations by Sylvia Browne (CD – U)

End of Days: predictions and prophecies about the end of the world by Sylvia Browne (CD – A)

Meditations for Entering the Temples on the Other Side by Sylvia Browne (CD – U)

Prophecy by Sylvia Browne (CD – A)

Secret Societies and How They Affect Our Lives Today by Sylvia Browne (CD – A)

Tools for Life by Sylvia Browne (CD – U)

The Two Marys: the Hidden History of the Mother and Wife of Jesus by Sylvia Browne (CD – U)

Elizabeth Barrett Browning Selected Poems by Elizabeth Barrett Browning (tape – U) – Poetry

Mysteries of the Middle Ages: the Rise of Feminism, Science, and Art from the Cults of Catholic Europe by Thomas Cahill (CD – A) – History

The Scratch of a Pen: 1763 and the transformation of North America by Colin Calloway (CD – U) – History

The Lessons of Terror: a history of warfare against civilians by Caleb Carr (tape – U)

The Sense of Wonder by Rachel Carson (CD – U) – Ecology

Life After Death by Deepak Chopra (CD – A) – Spiritual

The Language of God: a Scientist Presents Evidence for Belief by Francis S. Collins (CD – U) – Spiritual

The Essential Cummings read by E. E. Cummings (CD) – Poetry

The Art of Happiness: a Handbook for Living by the Dalai Lama (tape – A) – Spiritual

Emotional Awareness: Overcoming the Obstacles to Psychological Balance and Compassion a conversation between The Dalai Lama and Paul Ekman (CD – U)

America's Hidden History: untold tales of the first Pilgrims, fighting women, and forgotten founders who shaped a nation by Kenneth Davis (CD – U)

A Very Easy Death by Simone de Beauvoir (tape – U) – Self-help

Fifty Poems of Emily Dickinson v. 1 by Emily Dickinson read by famous actresses (CD – U) – Poetry

Jews, God and History by Max Dimont (tape – U)

More Notes from the Universe: life, dreams and happiness by Mike Dooley (CD –U)

Heroes of History by Will Durant (CD – U) – History

I Feel Bad About My Neck: and other thoughts on being a woman by Nora Ephron (CD – U) bestseller, humor

Where God Was Born: a Journey by Land to the Roots of Religion
by Bruce Feiler (CD – A) – Religion

The Meaning of It All: Thoughts of a Citizen Scientist by Richard P. Feynman (tape – U)

Longitudes and Attitudes: the world in the age of terrorism by Thomas L. Friedman (CD – U)

The World is Flat: a Brief History of the 21-st Century, release 3.0, further updated and expanded by Thomas L. Friedman (CD – U)

How To Spot a Liar by Gregory Hartley and Maryann Karinch (CD – U)

The Ghosts of Everest: the Search for Mallory & Irvine by Lochen Hemmleb, Larry Johnson and Eric Simonson (tape – U)

The History Channel presents Events That Shaped Our Lives (tape – A)

A History of the Arab Peoples by Albert Hourani (tape – U)

The Essential Hughes read by Langston Hughes (CD) – Poetry

I am America read by former Presidents, First Ladies and other famous people (CD – U)

A Commonwealth of Thieves : the improbable birth of Australia by Thomas Keneally (CD – U) – History

Is There Life After Death? by Elisabeth Kubler-Ross (CD – U)

If I Am Missing or Dead: A Sister's Story of Love, Murder, and Liberation by Janine Latus (CD – U)

The Qur'an: a biography by Bruce Lawrence (CD – U) – Islam

A Grief Observed by C. S. Lewis (CD – U) – self-help

Never Be Lied To Again by David Lieberman (CD – A) – Self-Help

The Lincoln-Douglas Debates starring David Strathairn and Richard Dreyfuss (CD – U)

Understanding Islam by Thomas Lippman (tape – U) – Religion

Listening Is An Act of Love: a celebration of American life from the Storycorps Project (CD – A)

What Happened: Inside the Bush White House and Washington's Culture of Deception by Scott McClellan (CD – U) – Politics

Kerplunk! Stories by Patrick F. McManus (CD – U) – Humor

Medal of Honor: Profiles of America's Military Heroes by Allen Mikaelian (tape – A) - History

Native Religions of the Americas read by Ben Kingsley (CD – U)

You are here: exposing the vital link of what we do and what that does to our planet by Thomas Kostigen (CD – U)

I Shouldn't Even Be Doing This by Bob Newhart (CD – U)

Gettin' Old Ain't For Wimps by Karen O'Connor (CD – U)

Everything You Pretend to Know and Are Afraid Someone Will Ask by Lynette Padwa (CD – U) - trivia

Moving Forward: taking the lead in your life by Dave Pelzer (CD – U)

Classical Music 101: a complete guide to learning and loving classical music by Fred Plotkin (CD – U) – Music Appreciation

The Poet's Corner: the one-and-only poetry book for the whole family compiled by John Lithgow (CD – U)

A Short History of the United States by Robert Remini (CD – A)

Green River, Running Red: the Real Story of the Green River Killer, America's Deadliest Serial Murderer by Ann Rule (CD – A) – True Crime

Audrey Hepburn's Enchanted Tales as adapted by Mary Sheldon, read by Audrey Hepburn (CD – A)

Aristotle in 90 Minutes by Paul Strathern (CD – U) – Philosophy

Sartre in 90 Minutes by Paul Strathern (CD – U) – Philosophy

This I Believe 2: more personal philosophies of remarkable men and women (CD – U)

A New Earth: awakening to your life's purpose by Eckhart Tolle (CD – U)

The First Three Minutes: a modern view of the Origin of the Universe by Steven Weinberg (CD – U) – Science

The Geography of Bliss: one grump's search for the happiest places in the world by Eric Weiner (CD – U)

Legacy of Ashes: the History of the CIA by Tim Weiner (winner of the Pulitzer Prize) (CD – U)